

*Local Guide*  
to  
**Lake Cathie &  
Bonny Hills**



Published by  
**Lake Cathie Bonny Hills Real Estate**

# INDEX

Page 1 .....	<a href="#">Cover</a>
Page 2 .....	<a href="#">Index</a>
Page 3 .....	<a href="#">Community</a>
Page 4 .....	<a href="#">Tours &amp; Transport</a>
Page 4 .....	<a href="#">Beaches</a>
Page 5 .....	<a href="#">Accommodation</a>
Page 5 .....	<a href="#">Churches</a>
Page 6-7 .....	<a href="#">Sport &amp; Fitness</a>
Page 8 .....	<a href="#">Health</a>
Page 8 .....	<a href="#">Art &amp; Craft</a>
Page 9 .....	<a href="#">Retail</a>
Page 10 .....	<a href="#">Pubs &amp; Clubs</a>
Page 10 .....	<a href="#">Wineries</a>
Page 11-12 .....	<a href="#">Cafes &amp; Food</a>
Page 12 .....	<a href="#">Parks &amp; Picnics</a>
Page 13 .....	<a href="#">Books</a>
Page 13 .....	<a href="#">Facebook Local</a>
Page 14 .....	<a href="#">Surrounding Area</a>
Page 14 .....	<a href="#">52+ Things to do in Port Macquarie</a>
Page 14 .....	<a href="#">Retiree Groups</a>
Page 15 .....	<a href="#">Lake Cathie Bonny Hills Business Directory</a>
Page 16 .....	<a href="#">Updates &amp; Changes</a>



Become involved with our Local Community Groups and Services!

### **Lake Cathie Progress Association**

Web: [www.lakecathiepa.com](http://www.lakecathiepa.com)

### **Bonny Hills Progress Association**

Web: [www.bonnyhills.org.au](http://www.bonnyhills.org.au)

### **Lake Cathie Community Centre**

Mullaway Rd, Lake Cathie

Phone: 0408 194 947

Reserve, Walkways, Playground, Half Basketball Court

### **Bonny Hills Community Centre**

Graham St, Bonny Hills (adjacent to the Bonny Hills Skate Park)

Phone: 6585 5014

### **Lake Cathie Community Hub & Garden**

Web: [www.facebook.com/lakecathiehub](https://www.facebook.com/lakecathiehub)

Phone: 0408 194 947

Mullaway Rd, Lake Cathie

### **Lake Cathie – Land Care**

Web: [www.facebook.com/NSW2445](https://www.facebook.com/NSW2445)

### **Lake Cathie Lions Club**

Phone: 6582 3248



### **Limitless Tours & Travel**

Web: [www.limitlesstours.com.au](http://www.limitlesstours.com.au)

Bus Tours

Phone: 6586 3934

### **Local Bus Services – Busways**

Web: [www.busways.com.au/](http://www.busways.com.au/)

Phone: 6583 2499

### **Designated Driver Service**

<http://www.mcdads.com.au/>

Planning a night out? Have a designated driver, drive you and your vehicle home!

Phone: 0488 883 237



### **Local Beaches**

Web: <https://beachsafe.org.au/nsw/port-macquarie-hastings/lake-cathie>

- Lake Cathie Beach, 4WD Access North of the Lake, Dog Friendly
- Bartlett's Beach Bonny Hills
- Middle Rock Beach, 4WD Access, Dog Friendly
- Rainbow Beach Bonny Hills, Patrolled
- Grants Beach Bonny Hills



### **Little Palms Cabins**

Phone: 6585 5295

Email: [stay@littlepalms.com.au](mailto:stay@littlepalms.com.au)

Web: [www.littlepalms.com.au](http://www.littlepalms.com.au)

### **BIG 4 / Ingenia Bonny Hills**

Web: [www.ingeniaholidays.com.au](http://www.ingeniaholidays.com.au)

Phone: 6585 5655

24 Beach St, Bonny Hills

### **Reflections Holiday Park Bonny Hills**

Web: [www.reflectionsholidayparks.com.au/park/bonny-hills](http://www.reflectionsholidayparks.com.au/park/bonny-hills)

Phone: 6585 5276

920 Ocean Dr, Bonny Hills



### **Our Lady Star of the Sea Catholic Church**

25 Orana Dr, Lake Cathie

Phone: 6583 1024

### **Bonny Hills Community Church**

1060 Ocean Dr, Bonny Hills

Phone: 6586 3430



### **Tennis:**

Goodwin Tennis - Lessons, Cardio Tennis

Lake Cathie and Bonny Hills

Web: [www.goodwintennis.com](http://www.goodwintennis.com)

Phone: 0429 874 869

### **Tennis Court Hire:**

Lake Cathie - <https://play.tennis.com.au/lakecathietennis>

Bonny Hills - <https://play.tennis.com.au/bonnyhillstennisclub>

### **Alicia Maree Fitness**

Personal Training, Fitness, Bootcamp - Lake Cathie

Web: [www.aliciamareefitness.com](http://www.aliciamareefitness.com)

Phone: 0403 649 848

### **Rebel Yoga**

Phone: 0413 110 339

Web: [www.yogarebel.com.au](http://www.yogarebel.com.au)

### **Lake Cathie Fishing Club**

Web: [www.facebook.com/lakecathiefishingclub](http://www.facebook.com/lakecathiefishingclub)

Phone: 0497 066 755

### **Wauchope Bonny Hills Surf Life Saving Club - Nippers**

6 Beach St, Bonny Hills

Web: [www.wbhslsc.org.au](http://www.wbhslsc.org.au)

### **Bonny Hills Skate Park**

Ocean Drive, Bonny Hills

Web: <http://www.skateboard.com.au/skateparks/australia/bonny-hills-skate-park/>



### **Jolly Nose Mountain Bike Park**

Queens Lake State Forest, Bonny Hills - Spring Creek Rd (off. Houston Mitchell Dr)

50km of purpose built single track with xc, enduro and a downhill track and plenty of fire trails.

Web: [www.hvmb.com/how-to-find-us/jolly-nose-mtb-park](http://www.hvmb.com/how-to-find-us/jolly-nose-mtb-park)

### **Walking Tracks**

Grants Beach Coastal Walk

Web: [www.alltrails.com/trail/australia/new-south-wales/grants-beach-coastal-walk](http://www.alltrails.com/trail/australia/new-south-wales/grants-beach-coastal-walk)

### **Outdoor Exercise Equipment**

Johnathon Dixon Reserve

Kywong St, Lake Cathie

### **Jessies Riding Academy**

49 Hardys Rd, Lake Cathie

Phone: 0416 309 486

### **Lake Cathie Bonny Hills Junior Rugby League Football Club**

Phone: 0419 483 892

Web: [www.facebook.com/lcbhjrffc](http://www.facebook.com/lcbhjrffc)

### **Lake Cathie Raiders Football /Soccer Club**

Phone: 0409 741 628

Web: [www.cathieraiders.org](http://www.cathieraiders.org)

### **Bonny Hills – Lake Cathie Cricket Club**

Web: [www.bhcc.nsw.cricket.com.au](http://www.bhcc.nsw.cricket.com.au)



### **Lake Cathie Bowen & Massage Therapy**

56 Surfers Drive, Lake Cathie

Phone: 0408 864 152

Web: [www.facebook.com/KarenAndrighettoSoftTissueTherapies](https://www.facebook.com/KarenAndrighettoSoftTissueTherapies)

### **Middle Rock Beach Massage Therapy**

110 Chepana St, Lake Cathie

Phone: 6585 5018

Web: [www.mrbmtherapy.com.au](http://www.mrbmtherapy.com.au)

### **Lake Cathie Medical Centre**

#### **Lake Cathie**

1459 Ocean Dr, Lake Cathie

Phone: 6584 8899

#### **Bonny Hills**

Shop 4, 10 Jungarra Cres, Bonny Hills

Phone: 5504 5904

Web: [www.lcmc.com.au](http://www.lcmc.com.au)



### **Anise Art**

6 Melaleuca Ave Lake Cathie

Phone: 0422 029 084

Web: [www.aniseart.com.au](http://www.aniseart.com.au)





### **Lakeside Fashions**

Web: <https://www.facebook.com/Lakesidefashions/>

Shop 12 1661 Ocean Dr, Lake Cathie

### **Lakeside Bargains & Homewares**

Ocean Dr, Lake Cathie

Web: [www.facebook.com/LakesideBargains](http://www.facebook.com/LakesideBargains)

### **Lake Cathie Shopping Village, Ocean Drive Lake Cathie**

Supermarket - Woolworths

Bottle Shop - BWS

Chemist - Your Discount Chemist

Florist – Lyn’s Bloom Room

Real Estate – Lake Cathie Bonny Hills Real Estate

Café – Caramels @Cathie

### **Other Specialty Shops**

Bakery

Post Office

### **The Hope Shop**

Phone: 6585 5232

2/1661 Ocean Dr, Lake Cathie

### **Bonny Hills Garden Centre & Gift Shop**

Phone: 6585 5764

1055 Ocean Dr, Bonny Hills

Web: [www.bonnyhillsgardencentre.net.au](http://www.bonnyhillsgardencentre.net.au)



### **Lake Cathie Bowling Club**

Web: [www.lakecathiebowlingclub.com.au](http://www.lakecathiebowlingclub.com.au)

Phone: 6585 5701

45 Evans St, Lake Cathie

Courtesy Bus & Bistro

### **Lake Cathie Tavern**

Phone: 6584 8811

1611 Ocean Dr, Lake Cathie

Web: [www.lakecathietavern.com.au](http://www.lakecathietavern.com.au)

Courtesy Bus & Bistro

### **Bonny Hills Beach Hotel**

Phone: 6585 4999

1045 Ocean Dr, Bonny Hills

Web: [www.facebook.com/BonnyHillsBeachHotel](https://www.facebook.com/BonnyHillsBeachHotel)

Courtesy Bus & Bistro

### **Beaches at Bonny Hills**

6 Beach St, Bonny Hills

Upstairs at Wauchope Bonny Hills Surf Life Saving Club

Web: [www.beachesatbonnyhills.com.au](http://www.beachesatbonnyhills.com.au)



### **Long Point Vineyard & Art Gallery**

Phone: 6585 4598

Web: [www.longpointvineyard.com.au](http://www.longpointvineyard.com.au)

Cnr of Coinda Place & Long Point Dr, Lake Cathie



### **The Fat Fish**

Café & Restaurant

Beach St, Bonny Hills

Phone: 6585 5066

Web: [www.thefatfish.com.au](http://www.thefatfish.com.au)

### **Middle Rock Pizza & Eatery**

Shop 5, 1613 Ocean Dr, Lake Cathie

Phone: 6585 5566

Web: [www.middlerockpizzaandeatery.com.au](http://www.middlerockpizzaandeatery.com.au)

### **Andy's Chinese & Takeaway Fish n' Chips**

Web: [www.facebook.com/AndysChinese](http://www.facebook.com/AndysChinese)

Phone: 6585 4494

Shop 3/1613 Ocean Dr, Lake Cathie

### **Feel Good Food Lake Cathie**

Phone: 6585 5640

1661 Ocean Dr, Lake Cathie

### **Coffee Injection**

Ocean Dr, Lake Cathie (outside the Medical Centre)

<https://www.facebook.com/Coffee-Injection-898968127110065/>

### **Caramels @Cathie Cafe**

Web: [www.facebook.com/CaramelsCathie-206146619484135/](http://www.facebook.com/CaramelsCathie-206146619484135/)

Phone: 6585 5963

1613 Ocean Dr, Lake Cathie

Phone: 6585 5963

## **Bonny View Store Takeaway & Bottle Shop**

923 Ocean Dr, Bonny Hills

Phone: 6585 5273

## **Bonny Hills Garden Centre Cafe**

Phone: 6585 5764

1055 Ocean Dr, Bonny Hills

Web: [www.bonnyhillsgardencentre.net.au](http://www.bonnyhillsgardencentre.net.au)

## **Crave @Bonny's Café**

Phone: 6585 4991

Jungarra Cres, Bonny Hills

Web: [www.facebook.com/craveatbonnys](http://www.facebook.com/craveatbonnys)



## **Lake Cathie Foreshore Reserve**

Ocean Dr, Lake Cathie

BBQ's, Park, Picnic Tables, Toilets, Fishing

## **Bartlett's Beach Reserve**

Jordan Ave, Bonny Hills

Beach access, BBQ's, Tables, Toilets

## **Perch Hole Track**

Ocean Dr, Lake Cathie - Fishing

## **Johnathon Dixon Reserve**

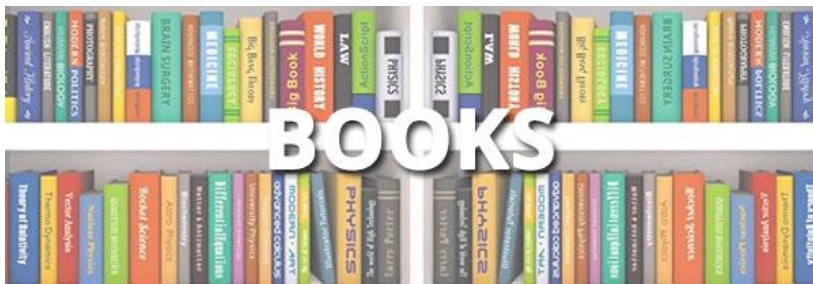
Kywong St, Lake Cathie

Exercise equipment, Beach access, BBQ's, Tables, Toilets

## **Rainbow Beach Reserve**

Beach St, Bonny Hills

BBQ's, Park, Picnic Tables, Playground, Toilets



## **Lake Cathie Street Library**

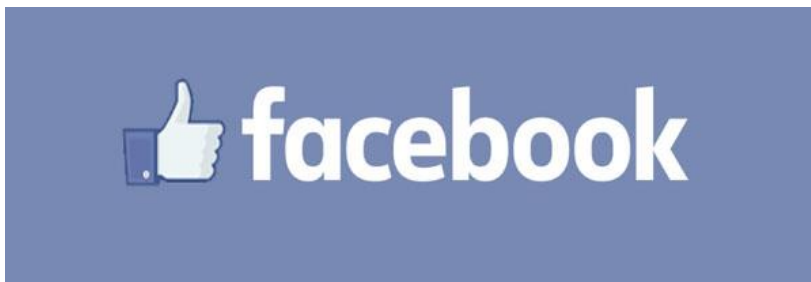
63 Abel Tasman Drive, Lake Cathie

Web: [www.streetlibrary.org.au/library/lake-cathie-street-library](http://www.streetlibrary.org.au/library/lake-cathie-street-library)

## **The Hope Shop, Used Books**

Phone: 6585 5232

2/1661 Ocean Dr, Lake Cathie



Stay up to date on what's happening in the local community online!

## **Lake Cathie Noticeboard**

Facebook: [www.facebook.com/groups/603290053843990](http://www.facebook.com/groups/603290053843990)

## **You're from Lake Cathie if you Remember ....**

Facebook: [www.facebook.com/groups/841113576305611](http://www.facebook.com/groups/841113576305611)

## **Back to Bonny's**

Web: [www.facebook.com/backtobonnys](http://www.facebook.com/backtobonnys)

## **Saving Lake Cathie**

Web: [www.facebook.com/savinglakecathie](http://www.facebook.com/savinglakecathie)

## **Revive Lake Cathie**

Web: [www.facebook.com/revivelakecathie](http://www.facebook.com/revivelakecathie)

## Surrounding Areas



### 52+ Things to do in Port Macquarie

Web: [www.52things2do.com.au](http://www.52things2do.com.au)



### Country Women's Association (CWA)

11 Horton St, Port Macquarie

Web: [www.cwaofnsw.org.au](http://www.cwaofnsw.org.au)

### Men's Shed - Laurieton

164 Diamond Head Rd, Dunbogan

Phone: 5519 8019

Web: [www.laurietonmensshed.com](http://www.laurietonmensshed.com)

### Men's Shed – Port Macquarie

5/25 Central Rd, Port Macquarie

Phone: 6581 4421

Web: [www.mensshed.org](http://www.mensshed.org)

### Probus Port Macquarie

Phone: 1300 630 488

Email: [pmscprobus4@gmail.com](mailto:pmscprobus4@gmail.com)

Fun and Friendship for Retirees!

Web: [www.probusouthpacific.org/microsites/portmacquariesouth](http://www.probusouthpacific.org/microsites/portmacquariesouth)



Lake Cathie Bonny Hills  
Business Directory  
[www.lakecathiebonnyhills.com.au](http://www.lakecathiebonnyhills.com.au)

For a full list of Local Tradies, Businesses and Services, visit;-

Web: [www.lakecathiebonnyhills.com.au](http://www.lakecathiebonnyhills.com.au)

Plumbers  
Electricians  
Vets  
Dog Sitting  
Gardeners  
Handymen  
Builders  
Child Minding  
Sewing & Alterations  
Hairdressers & Beauty  
Pest & Building Inspectors  
Tilers  
Towing  
Accountants & Tax Agents  
Mortgage Brokers  
Window & Carpet Cleaning  
Pressure Cleaning  
Pottery  
Grazing Boxes  
Driving Schools  
**and more .....**

**[#shoplocal](#) [#supportlocal](#) [#lakecathie](#) [#bonnyhills](#)**

Bought to you , and available in printed format from;



Shop 6, 1609 Ocean Drive, Lake Cathie

**For any changes or updates to the Guide ...  
& for all your Real Estate and Property needs  
Contact Debbi- [debbi@lcbhre.com.au](mailto:debbi@lcbhre.com.au)**

**Debbi Phillips**

**Local Real Estate Agent**

Lake Cathie Bonny Hills Real Estate

**Phone: 0435 677 256**

Email: [debbi@lcbhre.com.au](mailto:debbi@lcbhre.com.au)



Lake Cathie - Bonny Hills  
Agent

To download a FREE digital copy of the Guide visit;

[www.lakecathierealestateagent.com.au/LCBH-Guide.pdf](http://www.lakecathierealestateagent.com.au/LCBH-Guide.pdf)

or

[www.lcbhre.com.au](http://www.lcbhre.com.au) and click 'Community'